

HEARTS @ HOME



A Worship Service for Your Household

Sunday February 7, 2021

5th Sunday of Epiphany

RCL: Mark 1:29-39

+ GATHERING +

Together with God – Creator of Wholeness, Our Healer, and Our Strength. **AMEN.**

+ CONFESSION & FORGIVENESS +

God of goodness and mercy, help us as we open our hearts and confess our sins.

Your words remind us of the importance of connecting with God, yet we continue to feel weary, and, at times, defeated in our day to day lives;

Our anxieties, frustrations, and anger can become misdirected leading to broken relationships; Sometimes the brokenness we feel is manifested in our physical bodies when they become stressed, sick or overwhelmed;

Other times our words and actions cause the stress in someone else's life, compounding their exhaustion and anxiety.

Time after time you remind us of your ability to heal, and teach us to bring this good news to others, however, we do not take seriously the changes we need to make to bring your wholeness to all people;

We are truly sorry and ask for your forgiveness.

Help us to do what's right in the days to come;

Surround us and renew us with your grace.

AMEN

God is good, and loves us unconditionally, at all times and in all places. By grace we have been saved. In the name of Jesus our sins are forgiven.

AMEN.

+ PRAYER +

Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus Christ, our Savior and Lord. **Amen.**

+ SCRIPTURE +

+ **Mark 1:29-39**

+ **Spark Story Bible:** Jesus Heals (Pages 256-257)

+ **Northwest Synod of Wisconsin App:** Click the 'Bible' tab at the bottom.

+ REFLECTION ON GOD'S WORD +

Option 1: Click on your congregation's sermon video or live worship link

Option 2: Use the following questions for in-home conversation or personal reflection

Option 3: Use questions for reflection + Coloring Sheet (page 4)

Questions:

+ What are the 'demons' that you have in your life (those things that consume our time/energy/emotion that are not from God)?

+ Think of a time when you felt whole after feeling broken. What was that experience like?

+ Why do you think Jesus often prayed alone? Do you find solitary prayer meaningful in your life?

+ APOSTLES' CREED +

I believe in God, the Father Almighty
Creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, Who was conceived by the Holy Spirit, born of the virgin Mary, Suffered under Pontius Pilate, was crucified, died, and was buried;
He descended to the dead.
On the third day he rose again; He ascended into heaven,
He is seated at the right hand of the Father,
And he will come to judge the living and the dead.

I believe in the Holy Spirit,
The holy catholic church,
The communion of saints,
The forgiveness of sins,
The resurrection of the body,
And the life everlasting. Amen.

+ PRAYERS +

With all the people of God, we pray for the church, those in need, and all of God's creation.

- + We are grateful for laborers, ever-present God, for those who build, engineer, type, repair, calculate, drive, and lift; for those who plant, tend or harvest, and those who prepare, cook, serve or tidy, please grant them strength when at work, and give them respite when the day is done. Lord in your mercy, **Hear our prayer.**
- + Gracious God, we are thankful for all that you provide for us – your generosity exceeds our expectations in a world that constantly tells us we don't have enough. Help us to recognize the difference between our wants and needs; help us to learn how to reallocate resources so that no one has to go without; and continue to teach us how to embody generosity toward others in the same way you have done this for us. Lord in your mercy, **Hear our prayer.**
- + We pray for our congregations, for the rostered and lay leaders, for people who engage in worship, prayer, and ministry together; grant leaders the wisdom they need to make important decisions, connect with us through your Word and faith practices, and, by the power of your Spirit, inspire us to live as Jesus lived. Lord in your mercy, **Hear our prayer.**
- + We give thanks for all those who dedicate their lives to healing; as they care for those who are ill, injured, grieving, facing addiction, victimized, depressed, or suffering in any way, we pray that both healers and those in need of healing be filled with the comfort and resilience they need to do this holy work. Lord in your mercy, **AMEN.**
- + *Add your own prayers here...*

Loving God, we give all these prayers to you, trusting in your mercy and grace. **AMEN.**

+ OFFERING +

As people of faith we are called to continue strengthening the ministry of the church, even when we are physically distant. We invite you to prayerfully consider a gift to your congregation or the synod – as the body of Christ we work together to serve our neighbors.

+ LORD'S PRAYER +

Our Father in heaven,
Hallowed be your name,
Your kingdom come,
Your will be done,
On earth, as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil.
For the kingdom, the power, and the glory are yours,
Now and forever. **AMEN.**

+ BLESSING EACH OTHER +

Using your pointer finger, dip it in the bowl of water and make the sign of the cross on another's forehead or the back of their hand saying, **"You are a beloved child of God."**
Take turns until all in the household have been blessed.

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